

TALLAHASSEE BUDDHIST COMMUNITY: WEEKLY SCHEDULE FOR 2012

SUNDAY

Dhyana (Meditation) Practice and Discussion

10:30 a.m. - 12:00 p.m.

Family Dharma Day (Last Sunday of each month)

9:30 a.m. – 10:30 a.m.

Email jennygrill@embarqmail.com for more information.

MONDAY

Tallahassee Chan Group *Meditation, Dharma Talks, Discussion*

Led by Zen Teacher Guogu (Jimmy Yu, Asst. Professor of Religion at FSU)

7:30 p.m. – 9:00 p.m.

TUESDAY

Middle Way Study Group *Reading and discussion of books on Buddhism*

Noon – 1:00 p.m.

Cypress Tree Zen Group *Meditation, Chanting, Dharma Talk, Discussion*

7:00 p.m. – 9:00 p.m.

WEDNESDAY

Tibetan Meditation Practice

7:00 - 8:00 p.m.

TBC Board Meeting (1st Wednesday of the Month)

5:30 - 6:30 p.m.

The TBC is open to all, regardless of spiritual/religious background. Newcomers are welcome at all groups that meet there and instruction is provided in the meditation practice for each respective tradition. Services are provided by voluntary donation, which pays for the rental and maintenance of the space.

The building is located at 647 McDonnell Dr. in Railroad Square, just off of Railroad Ave. and south of Gaines St. Look for the signs to the Railroad Square Art Park. Enter the art park, go straight, and look for the red building on the left.

TallahasseeBuddhistCommunity.org

For information on other Buddhist groups in Tallahassee, visit WebDharma.com.