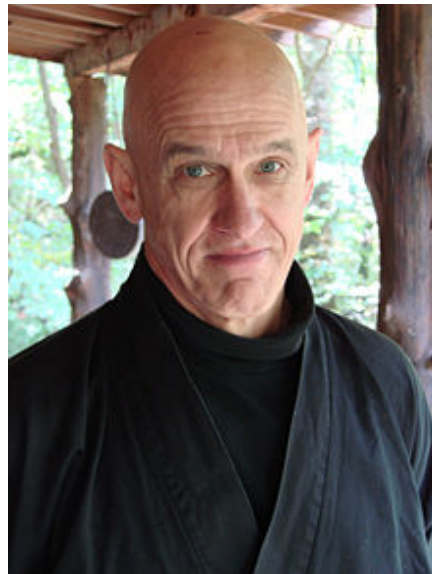


**Tallahassee Buddhist Community  
Welcomes  
Zen Master George Bowman  
(*Bo Mun Soen sa Nim*)**

George Bowman has practiced Zen for 34 years. He has a special connection to many long-time Buddhists in the Tallahassee community, visiting here frequently and serving early on as a popular and inspiring teacher.

He received [Dharma transmission](#) from [Seung Sahn Soen Sa Nim](#) in 1992, and is a former teacher in the [Kwan Um School of Zen](#). He was a founding member of the [Providence Zen Center](#) in 1972 and also did [koan](#) study with [Joshu Sasaki](#) from 1977 to 2003. He was a resident teacher at the [Cambridge Buddhist Association](#) from 1991 to 1999, and in 1994 founded the Institute for the Study of Meditation and Psychotherapy.

George's teaching is both deeply rooted in the teachings of the old Zen masters and totally in the moment. During sesshin, he presents teisho (spoken teaching) of about 45 minutes each day, starting with the reading of a passage from Dogen, Rinzai, or Mumon or another master and passing back and forth from the text to the events of his and our lives.



**He will give a public talk on:  
Why Do You Do That? An Inquiry into Intention in Zen Practice**

**April 2, 2009 at 7:00 p.m.**

**Location: Tallahassee Buddhist Community  
[www.tallahasseebuddhistcommunity.org](http://www.tallahasseebuddhistcommunity.org)**

Railroad Square Arts Park  
647 McDonnell Drive  
Tallahassee, FL 32310

Suggested voluntary donation: \$10

**He will also lead a three-day Zen-style meditation retreat.**

**April 3 - 5, 2009**

F, Sa: 8:00 am-6:00 pm, Su: 8:00 am-noon

**Location: Grassroots Community**

2469 Grassroots Way  
Tallahassee, FL 32311  
(850)656-2239

Suggested voluntary donation: \$100; Teacher works for Dana, separate.  
Lunch and High Tea will be served; Tea, Coffee, Water will be available.

**The talk and retreat are open to the public. For more information, send an e-mail to:  
[tbc@webdharma.com](mailto:tbc@webdharma.com).**

**Retreat address:**

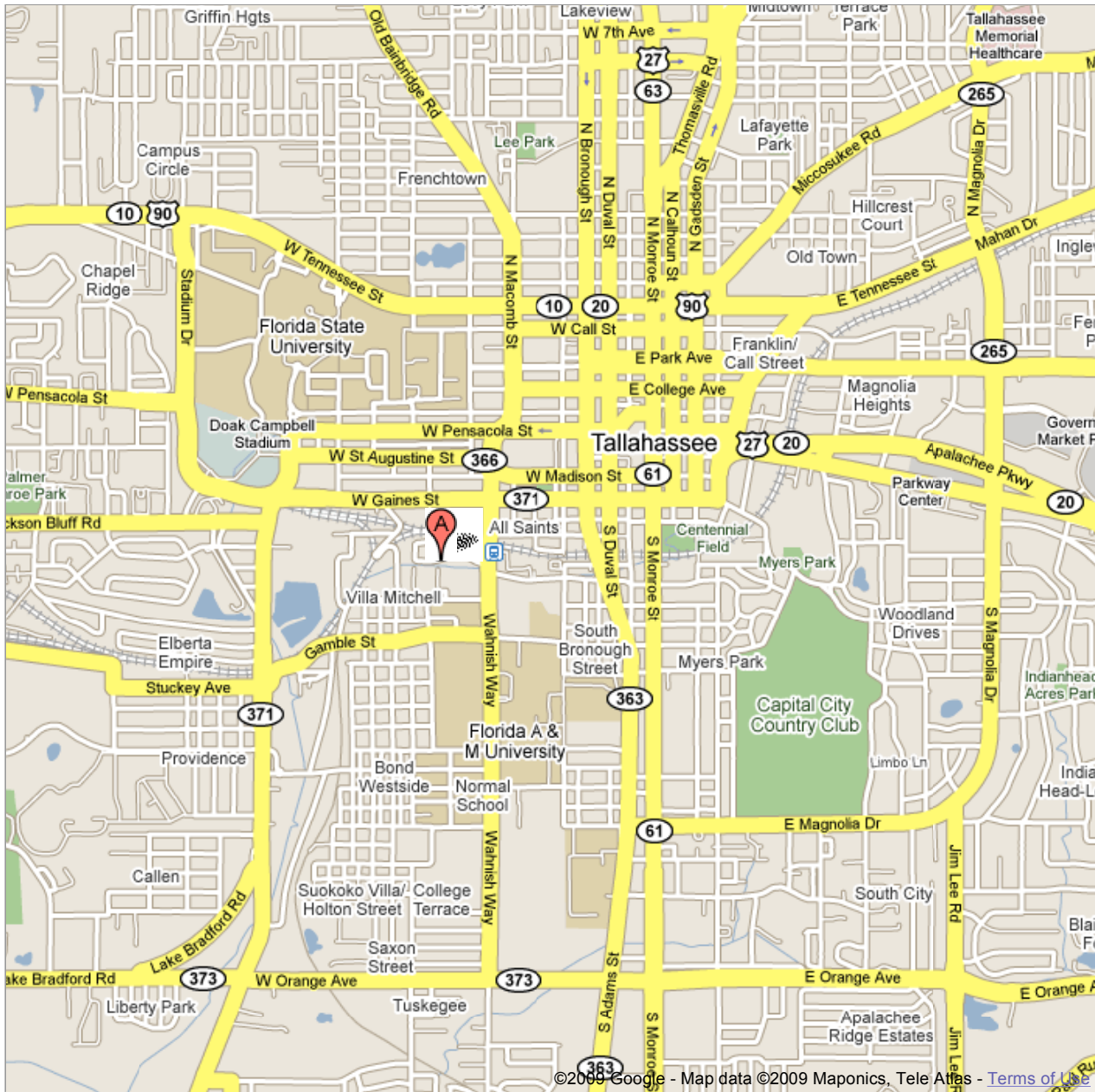
Grassroots Way is 2½ miles east of Capital Circle off Old St. Augustine Road. Old St. Augustine is the next light south on Capital Circle after Apalachee Parkway (~1 mile, turn left on St. Augustine).



Address **647 McDonnell Dr**  
**Tallahassee, FL 32310**

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